

# First Aid for Dental Emergencies

If your child experiences a dental emergency please call our office phone at 561-626-9887.

## Toothache

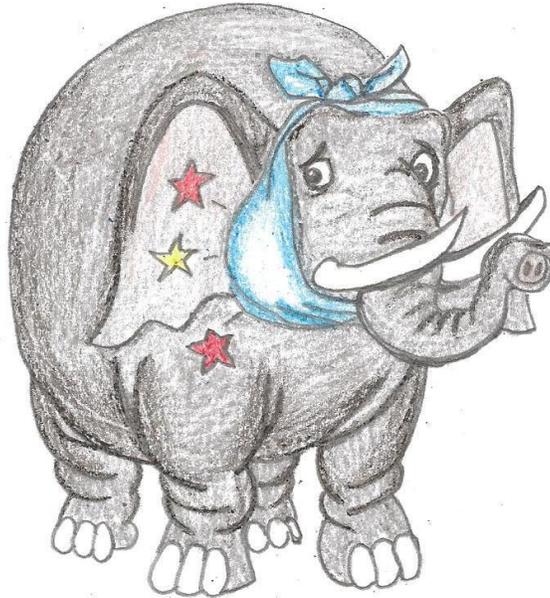
- Clean area thoroughly
- Floss to remove trapped food or debris
- Rinse vigorously with warm salt water
- **DO NOT USE ASPIRIN**
- Use **ACETAMINOPHEN** for pain
- See a dentist **ASAP**

## Knocked-Out Permanent Tooth

- Stay calm!
- Handle tooth by the crown (top portion)
- Avoid contact with lower root portion
- **DO NOT** excessively clean
- Attempt to reinsert
- If you cannot reinsert, place the tooth in milk
- See dentist immediately! Time is crucial to save the tooth

## Broken Tooth

- Rinse injured area with warm water
- Place cold compress on the face near affected area
- Save any broken tooth fragments
- See dentist immediately



## Broken Orthodontic

### Appliances

- If it can be easily taken out, remove
- Cover any sharp or protruding areas with dental wax, cotton balls, gauze, or chewing gum
- If pierced through gums, **DO NOT** remove: See dentist immediately
- Loose or broken appliances that are not causing pain usually do not require immediate

## Cut or Bitten Tongue, Lip, or Cheek

- Apply ice to bruised areas
- If bleeding, apply firm yet gentle pressure with clean gauze or cloth
- If simple pressure does not control or stop bleeding within 15 minutes, proceed to a hospital emergency room

## Other Emergency Conditions

- Possible Broken Jaw:
  - o Help prevent jaws from moving by using a towel, tie, or handkerchief
  - o Take child to a hospital emergency room
- Bleeding after baby tooth falls out:
  - o Fold and pack a clean gauze or cloth
- Cold/Canker Sores:
  - o Over-the-counter products usually give relief
  - o Some serious diseases may begin as sores, therefore consult dentist if symptoms persist